



SPIRIT JOURNEYS

Journeys to Sacred Sites, Beautiful Lands and Mystical Places.

Workshops and Retreats for spiritual evolution, greater self-awareness and personal growth.

Come with us... Explore the world. Explore your Self.



Spirit Journeys offers opportunities for Gay Men, Lesbians and our friends, to travel and vacation together exploring the world, or to gather together in retreat locations. Whether traveling or on a retreat, our aim is to offer you a chance to "get away from it all" and at the same time to venture into the frontiers of spirituality, self-awareness and personal growth.

Our **Workshops** usually have specific themes, such as Tantra, Yoga, and occur over a long weekend, usually Thursday or Friday to Sunday.

The **Retreats** are typically five to seven days in length and are more eclectic in nature than our Workshops; combining things like Yoga, erotic exploration and healing, breathwork, sweat lodge, and a lot more. Whether held at a five star Wellness Center or in the

rustic natural beauty of Belize, our retreats and workshops provide rest and relaxation, the chance to meet new people and grow new friendships, and also offer time for self-discovery and time to nourish your spirit.

Our **Journeys** are vacations, and more! Without a doubt, a Spirit Journeys' travel adventure has all the benefits of any vacation: escape from stresses at home, playing in beautiful surroundings, making new friends, sightseeing, relaxation and rejuvenation. However, we have the additional goal of sending you home with perhaps a new outlook on life and/or new tools to help you handle life's ups and downs.

Our intention is to maximize your overall travel experience by helping you to uncover the mystery and magnificence inside of us and in the world around us. Our Journeys do this by including personal interaction with indigenous people and cultures, working with local shaman, learning and practicing ancient philosophies, and much more. Meditation, Heart Circles, ceremonies and rituals, or just wandering sacred sites in silence are also a few the many things we use as means of enhancing our Journeys.



Upcoming Events

- Intimacy and Eros For Men** - April 23, 2010 to April 25, 2010
- Tantric Tribes - Naked Yoga for Men** - June 17, 2010 to June 20, 2010
- Welcoming Happiness** - July 23, 2010 to July 25, 2010
- 18th Annual Summer Retreat** - August 08, 2010 to August 14, 2010
- Authentic Eros** - August 18, 2010 to August 21, 2010
- Going Deep - Grand Canyon Rafting** - August 29, 2010 to Sept. 07, 2010
- Tantric Tribes - Naked Yoga—New York** - Sept. 10, 2010 to Sept. 12, 2010
- The Erotic Body Of Christ** - Sept. 16, 2010 to Sept. 19, 2010
- Journey to Thailand** - October 31, 2010 to November 13, 2010
- Winter Soulfest Retreat** - February 05, 2011 to February 12, 2011
- Together - A Gay Couples Retreat** - March 19, 2011 to March 26, 2011
- The Wonders of Egypt** - April 8, 2011 to April 23, 2011

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